

# **Monthly Progress Report of June 2015**

## **Operation of School:**

In the month of July we restart our school. For the first week we conduct only three classes. On that period we tried to keep them busy in various activities like singing, dancing, face painting and coloring. Children were also provided informational classes about earthquake. We teach them how to be safe when we are in school. We also have evacuation plan for earthquake. We also provide psychological counseling for the children and parents as well.

## **Progress of the Month:**

As new session started we provide them new books and stationeries. Students were getting back to normal. But some of the students are still in shock. If they heard some sound they were frighten.

## **Teacher's Training:**

This month we had two in- house staff training. The main topic is How to handle children who are in trauma after earthquake and how to use evacuation plan in school in case of emergency.

In mean time we had art and craft training as well by trained Montessori professionals.

## **Conclusion:**

This month we gave focus on the children's entertainment part to keep them busy so that they will forget about the earthquake. Some of students are still on tent because they don't have any alternatives.

**Photographs:**



**International Mud day 2015**







**Students having feast after Mud Play.**







**Our little children just love their expressions.**



**Filosofiska Nepal staffs were busy in planting rice plant in field.**





**Elisha Bardewa in mud day 2015.**

### **Programs in school:**

#### **International Mud Day 2015:**

World forum International Mud Day, which was started in 2009 by early childhood educators Bishnu Bhatta of Nepal and Gillian McAuliffe of Australia to celebrate the outdoors, nature and joy of getting messy. We celebrate international mud day on 29<sup>th</sup> of June which is 15<sup>th</sup> of Asad. On this day all the children and adults across the globe celebrate to grow awareness and honors the goodness of life experienced when children connect with nature.

In Filosofiska Nepal, we went to Tokha, which is 5 km far from our school, where we plant rice plant. We provide them beaten rice and curd for lunch. They play hide and seek, skipping and ringa ringa roses. On this mud day we had different competition as folk song competition, planting rice competition and other entertaining games.

#### **Yoga Day 2015:**

June 21<sup>st</sup>, was declared as the international yoga day by the United Nations General Assembly on Dec 11, 2014. Yoga is physical, mental and spiritual practice or discipline. This day is the longest day of the year in Northern hemisphere and has special significance in many parts of the world. As yoga is daily part of Filosofiska Nepal on this special day we did simple child friendly yoga exercises and teach students about how yoga play important role in our daily life.

#### **World Music Day 2015:**

On June 21<sup>st</sup> we celebrate another event as well. In the morning we did yoga session while in the afternoon we celebrate world music day. As we all love to listen music and music is connected to us in many ways. On this particular day we play different kinds of musical instruments and sang varieties of songs. Some of our students sang song and some perform in that song. Pratichya, Dinesh, padam, Suku Maya, Anita, Elisha sang song while Rabita, Rejina, Sonam, Rejin, Apechaya perform dance.