## Monthly progress Report of July, August and September 2023

We have been busy renewing Filosofiska Nepal for a few months that's why monthly report are making it a little late. Since the Nepal government has made changes in the laws of Nepal, it is necessary to change the renewal process of Filosofiska Nepal according to the new law. Filosofiska Nepal is currently located in Nepal Kathmandu ward number, 3 under the ward office of Kathmandu Metropolitan City. Therefore, according to the new rules, we have registered the our organization in Nepal's local body, Kathmandu Metropolitan City Ward No. 3, Kathmandu Metropolitan City, education Office of Nepal, Social Welfare Council Office, Ministry of Home Affairs. Now the work of our organization has almost reached its final stage. It took a little longer because it was a government agency job. I would like to sincerely thank Dr. Rajendra KC sir, Dr. Anil Raj Bhattarai sir, Katel sir, and all the staff of organization for giving their valueable time for this renewal process of Filosofiska Nepal. Along with this, I would like to thank Pratikshya Mishra ma'am and Narendra Narayan Shahu sir, the employees of Social Welfare Council office for providing advice and support in our work.

Now in Filosofiska Nepal, we have a total of fifty-eight students. They are studying from class nursery to class three. Their name list is as follows:-

Class Nursery	Class L.K.G	Class U.K.G
1. Purnima Tamang	1. Anjina Baiju	1. Samina Tamang
2. Abiral Tamang	2. Premisha Tamang	2. Ritika Kumari Mandal
3. Dendub Tamang	3. Swikriti Majhi	3. Aliz Tamang
4. Aman KC	4. Sanskriti Rana	4. Safal Rana
5. Prasant Giri	5. Samir Tamang	5. Prabesh Chaudhari
6. Samikshya Darji	6. Kritika Kumari Mandal	6. Gauri Bk
7. Rimesh Rai	7. Dipsan Thakuri	7. Branlee Rai
8. Nischal Darji	8. Brinda Gajmer	8. Jenish Bhandari
9. Prakriti Tamang	9. Bihani Ale	9. Anmol Baiju
10. Ashika Tamang	10. Amit Baiju	10. Jashmin Maji
11. Ritesh Sundas	11. Sneha Budhadhoki	11. Badal Tamang
12. Raj Kumari Tamang	12. Sanik Tamang	12. Siraj Majhi
13. Shikhar Majhi		

Class One	Class Two	Class Three
1. Aakash Tamang	1. Dorje Tamang	1. Nigma Tamang
2. Sakshyam Darji	2. Sangam Rai	2. Rojina Thapa Magar
3. Shushant Tamang	3. Ridam Mahara	3. Nimisha Gurung
4. Anshuman Bardewa	4. Pabita Thokar	4. Pramisha Rai
5. Sabin Tamang	5. Sameer Chaudhari	5. Ridam Tamang
6. Bhupati Bhandari		6. Gaurav BK
7. Samkikshya Majhi		7. Reason Tamang
8. Samikshya Rana		8. Kabita Thokar



July is the seventh month of the year in the Julian and Gregorian calendars and is the fourth of seven months to have a length of 31 days. It is on average the warmest month in most of the Northern Hemisphere, where it is the second month of summer. Even in Nepal, this month is very hot. Therefore, in context of Nepal, the weather here in the month of July was extremely hot, but it rained a little toward the middle of the month. Despite the rain, the weather in Kathmandu was much hotter than the previous year. Due to the heat, it was difficult for us to get the children to the morning assembly. Despite the rain, planting started late this year towards Kathmandu. We also participated the children from class UKG to class three in the paddy planting program. In Mr. Rambhai Dangol's farm located in Tokha Kathmandu, our little children had a lot of fun. Splashing mud on each other in the plantation. After planting and returning to school, even though it was late, we celebrated International Mud Day with the children by eating yoghurt, Beaten Rice, Potato Curry and Banana according to Nepalese tradition. Ulina Thapa ma'am was given the responsibility of taking the photos. We could not post the photos of this fun moment on our Filosofiska Nepal Facebook page because the mobile phone got damaged after falling into the water while taking the photos.



Students are having Yoghurt and Beaten Rice during international mud day.

On the day of July 3, teacher's day was celebrated in schools all over Nepal. In Filosofiska Nepal we also held a small program for teacher's day. Our students also honored teachers on that day. Along with this, some children performed dances and presented their talents to all the teachers and friends. The dances are for this program were taught by smriti Rawat ma'am. I want to thank her very much for this.



Celebrating Teacher's day 2023 by putting tika from Rojina Thapa Magar.

On July 20, Mrs. Padma Pabi Thapa provided lunch for the children in the school. She and her family had provided all the food items day before. We expressed our thanks to her and her family on behalf of Filosofiska Nepal.





Thank you so much Mrs. Padma Pabi Thapa for providing delicious lunch foe the children.

This month we had to go to social welfare council office for some renewal process. That's why we couldn't give that much time to the extra activities of the children. We will complete these deficiencies in the coming days. According to the Nepalese tradition, the last day of this month was july 31<sup>st</sup> kheer khane din (the day of Rice Pudding). On this day, along with rice pudding, we also fed the children's favorite potato and chickpea vegetables.



Ansuman, Samina, Sangam, Nimisha, Samikshya, Badal, Rithika and Safal having rice pudding during the day of Rice Pudding.



August is the middle of the monsoon rainy season. During this month, it rains a lot throughout the day, mostly in the morning, evening and night. This year too, it rained throughout the month of August in Nepal. But even when it was raining, the days were hot. Although it was the little difficult for the children to come to school because it was raining. But the small children of class nursery and class LKG were absent sometime. As soon as the paddy planting activity is over, the festival begins in the month of August in Nepal. In this month we celebrated the first festival Naga Panchami. Naga Panchami is a day of tradition worship of Naga or snake observed by Hindus and Buddhists. On this day we celebrate this festival by sticking of photo of the snake on the wall of the main door of the house. The landlord of our school also worshiped by pasting a photo of a snake on the wall of the main gate of the school. In this way, we also gave our students some knowledge about our tradition by showing them how to celebrate the festivals. But on the important festivals like Janai Purnima, Gai Jatra and Rakkshya bandhan, the school was closed due to public holidays.



On the day of Nag Panchami, a picture of a snake worshiped by the landlord was pasted on the main door of the school.

In this month, we completed the first terminal examination. We conducted the first terminal examination in the school from August 10 to August 15. Therefore all the teachers were busy to preparing the question papers and the students were busy to preparing for the exam. This year, the publications couldn't provide the books on the time so, the books did not reach our school on time. The teacher held held extra classes to complete the course for the first terminal examination. The students also had to work harder for this in this way, the first terminal examination was successfully completed with the hard work of both the teachers and our little students.



Students of class Nursery and class LKG appearing for their exam.



Students of class One to class Three appearing for their first terminal examination. Good luck to all!

On addition, on the August 5<sup>th</sup> of the this month, Mr. Binaya Prasad Shrestha and her wife Mrs. Ritu Shrestha provide a delicious lunch and a birthday cake on the occasion of their son Aveer Shrestha's 5<sup>th</sup> birthday .in this way they and their families have been providing delicious food, cake, chocolates and sometimes school dress and shoes and socks to our students from time to time. For this, we would like to thank them for the love, kindness and selfless support they have shown to our small children.



Thank you so much Mr. And Mrs. Shrestha for providing our children's favorite lunch and cake on your son Aveer Shrestha's 5<sup>th</sup> birthday. Once again birthday Aveer!!

Similarly, Bishwash Lohani and his family also provided some food items and fruits to our school in the memory of their late grandfather. In addition, he and his sister distributed chocolates to our small children. They also spent some of their valuable time with our students.



The above food items and fruits are provided by Mr. Bishwash Lohani and family. Thank you so much for your help and support.



In the Photo Mr. Bishwash Lohani is distributing chocolates to our students while students are waiting for their turn to receive chocolates.



September is the ninth month of the year in both Gregorian and Julian calendar. It has 30 days. September marks the end of the monsoons in Nepal. The average daily temperatures are around 23°C, reaching high of 26°C and dropping to an average minimum temperature of 19°C. In this month, I rained mostly day and night in the Kathmandu. But the days were hot. If it rained, we would feel a little bit cold. But in middle of the month, the rain decreased a little. So, it became easier for children to come and go to school. Children and teacher were sick due to the changes in the weather. Some children could not come to school properly due to eye problems and some were sick due to cold and cough.

We celebrated many festivals in September as well as in August. We celebrated Krishna Janmasthami, Teej, Rishi panchami, Indra Jatra and Constitution day in this month. Krishna Janmasthami, Teej, Rishi panchami, Indra Jatra and Constitution day were public holidays, so our school is remained closed that days. But we celebrated teej on the day of September 17 by eating delicious food and dancing in Teej songs with fun. On September 14th was Father's Day. That day all the students of Filosofiska Nepal made Happy Father's Day cards with the help of teachers for their fathers at school. Likewise, on 15<sup>th</sup> September, we celebrated children's day in school. On that day, according to the wishes of children, food was cooked in the kitchen and he children presented pomes, songs, dramas etc. among their teachers and friends.

On the September 29, we distributed the result of the first terminal examination in the school. Parents of all students were present. But some parents could not attend due to their busy work schedules and had to call to inquire about their childrend's result.most of the students got good result in the exam. But Anshuman and Bhupati of class One, Sangam of class Two and Pranisha and Gaurav of class Three were slightly weaker than other. So it seems that they will have to work harder in the coming days.

In every month there was a student's birthday. In this context, Anjina's birthday falls on September 5<sup>th</sup> of this month. She celebrated her birthday by sharing chocolates with her teachers, friends, brothers and sisters in school.



Anjina Baiju from class LKG is celebrating her 5<sup>th</sup> birthday with her brothers and sisters.



Prakriti, Sanskriti, Purnima and Kriika are posing in the children's day.



These photos were taken on the day of Teej festival. Students are dressed in colorful clothes on this day.



Students of Filosofiska Nepal eating daar during teej festival.



Girl students are presenting their dance on Teej song. This dance was taught to children by Smriti ma'am. Thank you Smriti ma'am for beautiful dance.



On the day of Result distribution, there is a discussion about children between teachers and parents.





Teacher are showing their children's answer sheet to the parents as well as distributing the children's results.